

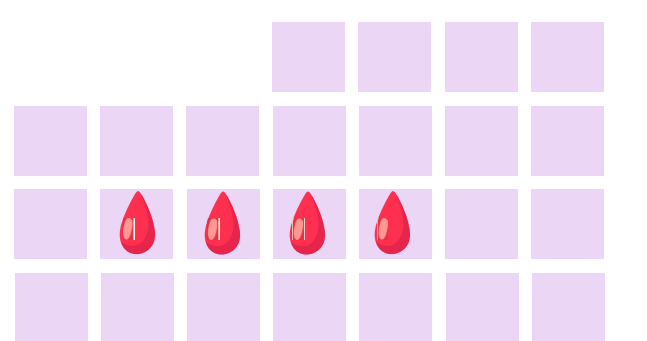


MYTH AND FACT

MYTH



MENSTRUATION



Menstruation "lowers" immunity for a woman, and hence, taking covid 19 vaccination 5 days before, during or after your periods won't be safe.

FACT



Menstruation doesn't limit the vaccine's efficiency. The vaccine is life saving and should be taken as early as possible. COVID-19 vaccines have been found to be safe in all concerns.